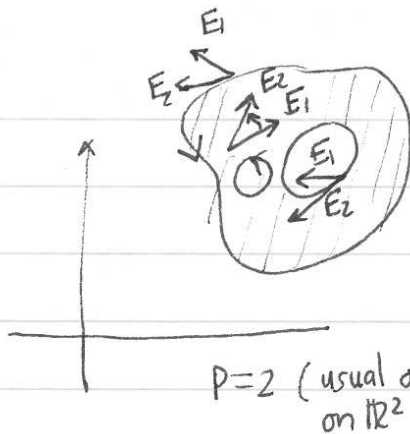
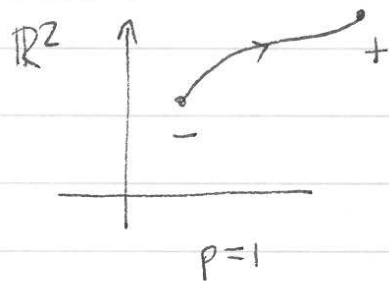


examples



Note that the induced orientation is the direction in which the loop flows if you bring it to the boundary.

